



Summer Workshop – Tues 17th June 2025

A Workshop for Spiritual Directors

Using creative resources in spiritual direction - excitement or fear?

What might you do when it becomes apparent that words are inadequate to fully explore a directee's experience? How may the potential constraints of usual dialogue be overcome? In this workshop we will explore together the power and effectiveness of creative and imaginative engagement with experience, thoughts and feelings.

This workshop will include:

- What is creativity in spiritual direction?
- Excitement or fear – what influences your response?
- How might your response help or hinder your directee?
- How would you respond if a directee brought something creative?
- How might you introduce something creative in the session?
- How would you encourage your directee to explore their spirituality more creatively?

It will be interactive, and we will use a variety of resources to experience first-hand what it is like to use different media as a vehicle for deeper sharing.

Where: Flourish House, 2 Cathedral Avenue, Wells, BA5 1FD

Time: 10.00 am – 4.00 pm (arrivals and refreshments from 9.30am)

Cost £32.00 to be paid at the time of booking.

Drinks will be provided but please bring your own lunch.

Booking is essential by 2nd June 2025.

Please download and complete the booking form from our website:

<https://www.ministryofspiritualdirection.co.uk/workshops>